



As presented by Lifestyle Expert Alison Deyette on Access Hollywood Live, Muuna's Mexican Style Tortilla is a delicious and versatile protein-packed lunch or snack. Prepare with the veggies below or swap with favorites in your fridge for a simple, savory and satisfying snack.

See Alison prepare the recipe on Access Hollywood Live:

<https://www.accesshollywood.com/articles/stick-your-new-years-resolutions-muuna-cottage-cheese/>

INGREDIENTS

- 2 tbsp. Muuna plain cottage cheese
- 6 inch whole grain tortillas
- Veggies, like tomatoes and avocado
- Lime
- Black pepper
- Hot sauce of choice



INSTRUCTIONS

- 1) Mix 2 tbsp. Muuna plain cottage cheese with a squeeze of lime and a shake of black pepper
- 2) Add mixture to 6 inch whole grain tortilla
- 3) Top with your favorite veggies, like fresh tomatoes and avocado
- 4) Add a dash of your favorite hot sauce

