



Nutrition Information Per Serving:

Calories: 226
Protein: 21 g
Carbohydrates: 22 g
Fat: 7 g
Fiber: 1 g

PREP TIME 3 mins	COOK TIME 0 min	TOTAL TIME 3 min	RECIPE MAKES 1 serving
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Pair sweet and succulent oranges with crunchy pistachios, fresh mint, and a drizzle of honey and you have the perfect topping for a container of protein-packed Lowfat Plain Muuna cottage cheese!

INGREDIENTS

- 1 Container of 5.3oz. Lowfat Plain Muuna cottage cheese
- ½ Orange, peeled and sliced
- 1 Tbsp. Pistachios, roughly chopped
- 1 Tbsp. Fresh mint, chopped
- ½ Tbsp. Honey

INSTRUCTIONS

- 1) Open the container of Muuna cottage cheese and stir.
- 2) Top with a drizzle of honey, orange slices, pistachios, and fresh mint.
- 3) Grab a spoon and enjoy!