



Nutrition Information Per Serving:

Calories: 205
Protein: 22 g
Carbohydrates: 21 g
Fat: 4 g
Fiber: 1 g

PREP TIME 2 mins	COOK TIME 0 mins	TOTAL TIME 2 mins	RECIPE MAKES 1 serving
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Satisfy your sweet tooth with a treat that only takes minutes to make and will fill you up with 22 grams of protein! This snack has everything you love about peanut butter pie, but without the time it takes to make it or the fat.

INGREDIENTS

- 1 Container of 5.3oz. Lowfat Plain Muuna cottage cheese
- 1 Tbsp. Powdered peanut butter
- ½ Tbsp. Honey
- 1 tsp. Mini chocolate chips
- Serve with graham crackers (optional)

INSTRUCTIONS

- 1) Open the container of Muuna cottage cheese, add the powdered peanut butter and honey.
- 2) Stir until combined
- 3) Top with mini chocolate chips.
- 4) Serve with graham crackers as a dip or eat with a spoon!