



**Nutrition Information Per Serving:**

Calories: 67  
Protein: 6 g  
Carbohydrates: 7 g  
Fat: 2 g  
Fiber: 0 g

<b>PREP TIME</b> <b>5</b> mins	<b>CHILL TIME</b> <b>1</b> hour	<b>TOTAL TIME</b> <b>1:05</b> hour mins	<b>RECIPE MAKES</b> <b>5</b> servings
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Treat yourself to this deliciously creamy dip that has all the rich flavor of a chocolate cheesecake with 6g of protein and only 2g of fat per serving! The dipping possibilities are endless, but we recommend using fresh sliced strawberries, blackberries, pineapple, or banana.

**INGREDIENTS**

- 2 Containers of 5.3oz. Vanilla Muuna cottage cheese
- 1 Tbsp. Instant chocolate pudding mix
- 1 tsp. Cocoa powder
- ¼ tsp. Instant coffee powder (or ⅛ tsp. coffee extract)
- 1 Tbsp. Dark chocolate shavings or mini chocolate chips

**INSTRUCTIONS**

- 1) Empty cottage cheese containers into a food processor and process for 1.5 minutes.
- 2) Add pudding mix, cocoa powder, and coffee extract.
- 3) Process for another minute, stopping to scrape the sides of the bowl at least twice, until smooth.
- 4) Pour into a bowl, cover, and refrigerate for one hour.
- 5) Top with chocolate shavings and serve with fresh fruit.