



Nutrition Information Per Serving:

Calories: 174
Protein: 9 g
Carbohydrates: 31 g
Fat: 4 g
Fiber: 5 g

PREP TIME 3 mins	COOK TIME 0 min	TOTAL TIME 3 mins	RECIPE MAKES 1 serving
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Elevate your snack game by topping multigrain crispbread with protein-packed cottage cheese, roasted pistachios, and tart orange-flavored honey. It only takes minutes to make and because of the addition of Lowfat Plain Muuna cottage cheese, you'll add calcium, potassium, and probiotics!

INGREDIENTS

- 2 Pieces multigrain crispbread
- 2 Tbsp. Lowfat Plain Muuna cottage cheese
- 1 Tbsp. Toasted pistachios, chopped
- 1 tsp. Frozen orange juice concentrate
- 1 tsp. Honey

INSTRUCTIONS

- 1) Add 1 Tbsp. cottage cheese to each crispbread.
- 2) Top with toasted pistachios.
- 3) Heat honey for 3-5 seconds in microwave (until warm) and combine with orange juice concentrate in a small bowl.
- 4) Drizzle orange honey on top of cottage cheese and pistachios.
- 5) Enjoy!