



Nutrition Information Per Taco :

Calories: 78
Protein: 4½g
Carbohydrates: 11g
Fat: 1g
Fiber: 2½g

PREP TIME 10 min	CHILL TIME 8 hrs	TOTAL TIME 10 min	RECIPE MAKES 6 tacos
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These vegetarian tacos are easy, delicious, and packed with protein! Perfect for your lunch or the kid's lunch box, each taco is packed with flavor and ridiculously creamy Muuna cottage cheese. Yum!

INGREDIENTS

- ¾ cup Lowfat Plain Muuna cottage cheese
- 3 Tbsp. Salsa
- 3 Tbsp. Black beans, canned
- 3 Tbsp. Corn, canned
- 6 Tbsp. Romaine lettuce, shredded
- 6 Mini corn tortillas

INSTRUCTIONS

- 1) To each tortilla, add ¼ cup cottage cheese, ½ Tbsp. black beans, ½ Tbsp. corn, 1 Tbsp. romaine lettuce and salsa.
- 2) Enjoy immediately!