



Nutrition Information Per Serving:

Calories: 260
Protein: 16 g
Carbohydrates: 30 g
Fat: 9 g
Fiber: 2 g

PREP TIME 5 mins	COOK TIME 0 mins	TOTAL TIME 5 mins	RECIPE MAKES 1 serving
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Before you start your busy day, take a moment to eat the most important meal of the day: breakfast! Top a protein-packed, single-serve blueberry Muuna cottage cheese with peaches, granola, and nuts for a creamy, crunchy treat that will fuel you until lunchtime.

INGREDIENTS

- 1 Container of 5.3oz. blueberry Muuna cottage cheese
- ½ Fresh peach, sliced
- 1 Tbsp. Granola
- 1 Tbsp. Toasted pecans, chopped

INSTRUCTIONS

- 1) Open the container of Muuna cottage cheese, stir, and top with sliced peaches, granola, and pecans.
- 2) Grab a spoon and enjoy!